# 5-Lipoxygenase and Cyclooxygenase-1 Inhibitory Active Compounds from *Atractylodes lancea*

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Lipophilic extracts of *Atractylodes lancea* rhizomes exhibited potent inhibitory activities in 5-lipoxygenase [IC<sub>50</sub> (5-LOX) =  $2.9 \,\mu$ g/mL (*n*-hexane extract)] and cyclooxygenase-1 [IC<sub>50</sub> (COX-1) =  $30.5 \,\mu$ g/mL (*n*-hexane extract)] enzymatic assays. Bioactivity-guided fractionation of the *n*-hexane extract led to the isolation of a new compound atractylochromene (**1**), a potent inhibitor in both test systems [IC<sub>50</sub> (5-LOX) =  $0.6 \,\mu$ M, IC<sub>50</sub> (COX-1) =  $3.3 \,\mu$ M]. Also obtained was 2-[(2*E*)-3,7-dimethyl-2,6-octadienyl]-6-methyl-2,5-cyclohexadiene-1,4-dione (**2**), which showed a selective inhibitory activity against 5-LOX [IC<sub>50</sub> (5-LOX)  $0.2 \,\mu$ M, IC<sub>50</sub> (COX-1) 64.3  $\mu$ M]. The sesquiterpene atractylon (**3**) and the coumarin osthol (**4**) turned out to be moderate but selective 5-lipoxygenase inhibitors. Atractylenolides I (**5**), II (**6**), and III (**7**) showed no significant inhibitory effects for either enzyme. Structures were established by spectral data interpretation.

In traditional Chinese medicine, "Cangzhu" [the rhizomes of Atractylodes lancea (Thunb.) DC. and Atractylodes chinensis (Bunge) Koidz., Compositae] is used for the treatment of rheumatic diseases, digestive disorders, mild diarrhea, and influenza and is said to be a diaphoretic, whereas "Baizhu" (Atractylodes macrocephala Koidz. rhizomes) has been recommended as a digestive, diuretic, and anhidrotic medication.<sup>1</sup> The rhizomes of A. lancea are rich in essential oil compounds and acetylenes such as atractylodin, atractylodinol, and acetylatractylodinol.<sup>2–6</sup> For Baizhu, sesquiterpenes (with the furosesquiterpene atractylon as the main compound) and acetylenic compounds have been described.<sup>4,5,7</sup> The antiinflammatory activity of this genus has been investigated previously when Yamahara et al. found no significant analgesic activity in A. lancea, A. macrocephala, or A. japonica.<sup>8</sup> Endo et al. fractionated a preparation from A. japonica rhizomes to afford the sesquiterpenes (+)-eudesma-4(14),7(11)-dien-8-one and atractylenolide I as active compounds in different antiinflammatory assays.<sup>9</sup> Examination of A. koreana confirmed the pharmacological property of atractylenolide I and demonstrated the activity of atractylon (being also the major component of A. koreana and A. japonica) in the rat cotton-pellet-granuloma assay.<sup>10</sup> Atractylon further inhibited 12-O-tetradecanoylphorbol 13-acetate (TPA)-induced ear inflammation in mice.<sup>11</sup>

Recently, we published the isolation and structure elucidation of six new polyacetylenes from *A. lancea*, which, however, turned out to be unrelated to antiin-flammatory effects.<sup>12</sup> We now report the inhibitory effect of *A. lancea* constituents in 5-lipoxygenase (5-LOX) and cyclooxygenase (COX) bioassays. These are

**Table 1.** 5-LOX and COX-1 Inhibitory Activities of Different

 Atractylodes Extracts

5		
extract	5-LOX IC <sub>50</sub> [µg/mL]	COX-1 IC <sub>50</sub> [µg/mL]
Atractylodes lancea rhizomes		
<i>n</i> -hexane	2.9	30.5
$CH_2Cl_2$	2.8	21.5
MeOH	9.1	72.3
Atractylodes macrocephala rhizomes		
<i>n</i> -hexane	11.8	49.8
$CH_2Cl_2$	10.5	52.0
MeOH	78.8	144.5

the two key enzymes for the metabolism of arachidonic acid, either to prostaglandins and thromboxanes or to leukotrienes, which play a central role in the regulation of different physiological processes, but also cause pain, inflammation, and hypersensitivity.<sup>13,14</sup> Abnormal amounts of these mediators can be found in patients suffering from rheumatoid arthritis, asthma, psoriasis, anaphylactic shock, and ulcerative colitis.<sup>13,14</sup>

# **Results and Discussion**

Traditionally, Cangzhu and Baizhu are used as decoctions. When tested undiluted, the inhibition of A. lancea and A. macrocephala decoctions in both the 5-LOX and the COX-1 assay was 50-60%, except the decoction of A. lancea which showed 100% inhibition in the 5-LOX assay (60% inhibition after dilution 1:10); however, the actual test concentrations-ranging from 1500 µg/mL up to 5000 µg/mL (1:10-diluted decoction of A. lancea about 150  $\mu$ g/mL)—were much higher than those of the less polar Soxhlet extracts (from the two drugs) with comparable antiinflammatory effects (Table 1). Among these, the inhibitory activity of lipophilic extracts from A. lancea against both enzymes was superior to MeOH extracts of the same drug and to *n*-hexane, CH<sub>2</sub>Cl<sub>2</sub>, and MeOH extracts from rhizomes of A. macrocephala. All Soxhlet extracts exhibited inhibition against 5-LOX at

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2-10 times lower concentrations than against COX-1. Because TLC and HPLC chromatograms of the lipophilic extracts of *A. lancea* showed the same pattern of constituents, for toxicological reasons, workup of the *n*-hexane extract was given precedence over the CH<sub>2</sub>-Cl<sub>2</sub> extract.

The *n*-hexane extract of *A. lancea* was subjected to vacuum–liquid column chromatography (VLCC) on Si gel, and all fractions were tested in both the 5-LOX and the COX-1 assay to lead to a potent, active fraction (with 100% inhibition at 5  $\mu$ g/mL in the 5-LOX assay) containing compounds **1** and **2**. Further bioactivity-guided fractionation on Si gel columns afforded **2** in pure state. Additional purification steps on RP-18 material (MPLC) and on Sephadex LH-20 were carried out to isolate **1** and, using the same procedure, atractylenolide II (**6**). Atractylon (**3**), osthol (**4**), and atractylenolide III (**7**) were isolated by Si gel column chromatography from less active fractions.



The EIMS data of 1 and 2 revealed similarities, with a  $[M]^+$  at m/z 258 in each case. While the EIMS of **1** possessed a dominant base peak at m/z 175 and minor fragments at m/z 41 and 69, the base peak of 2 could be found at m/z 41, with, in addition, abundant fragments at m/z 69 and 175. The diagnostic base peak at m/z 175 in the EIMS of 1 pointed to a stable, probably conjugated system that remained after an isoprenyl moiety fragmented from the molecule; however, the UV spectrum of 1 differed significantly from that of 2. Instead of a single maximum at about 255 nm as in 2, 1 exhibited five UV absorption maxima at 220, 231, 265, 275 and 333 nm, indicating the presence of an extended chromophore. The <sup>1</sup>H NMR spectrum of **1** was consistent with the presence of an isohexenyl side chain. An olefinic signal at  $\delta$  5.10 (1H, t sept, J = 7.2, 1.4 Hz) coupled with a broad quartet at  $\delta$  2.09 (2H, br q, J =7.2 Hz) that itself coupled with a further signal at  $\delta$  1.67 (2H, t, J = 7.2 Hz). Close to this triplet, one of the two methyls belonging to this isohexenyl group appeared as a broad singlet ( $\delta$  1.66, 3H), with the other occurring at  $\delta$  1.57 (3H, br s). Furthermore, the <sup>1</sup>H NMR spectrum of 1 contained two pairs of doublets that were observed downfield (1H each,  $\delta$  6.48, 6.32, J = 2.9 Hz;  $\delta$  6.25, 5.58, J = 9.8 Hz) and two singlets at  $\delta$  2.14 and 1.36 (3H each) indicating the presence of either a 2,2,5,7- or

Table 2. IC<sub>50</sub> Values of Compounds 1–7 and Positive Controls

	1	
compound	5-LOX IC <sub>50</sub> [µM]	COX-1 IC <sub>50</sub> [µM]
1 (atractylochromene)	0.6	3.3
2 (quinone)	0.2	64.3
3 (atractylon)	25.1	>200
4 (osthol)	36.2	>200
5 (atractylenolide I)	>200	>200
6 (atractylenolide II)	>200	>200
7 (atractylenolide III)	>200	>200
positive controls		
indomethacin		1.2
nordihydroguaiaretic acid	0.5	

a 2,2,6,8-tetrasubstituted chromene. Calculation of the <sup>13</sup>C NMR chemical shifts of the aromatic carbon atoms via substituent increments applied to simple chromenes and comparison of the NMR data of **1** with reference data of similar structures in the literature,<sup>15,16</sup> as well as the use of COSY, DEPT and HETCOR experiments, led to the elucidation of **1** as 2,8-dimethyl-6-hydroxy-2-(4-methyl-3-pentenyl)-2H-chromene, a new natural product, for which we propose the name atractylo-chromene.

From its MS and UV data as well as from its IR, <sup>1</sup>H NMR, and <sup>13</sup>C NMR spectra, **2** corresponded closely with those data reported for the known compound 2-[(2*E*)-3,7-dimethyl-2,6-octadienyl]-6-methyl-2,5-cyclohexadiene-1,4-dione, originally isolated from a brown alga, *Cystophora* sp.,<sup>17</sup> and later from *A. koreana*.<sup>18</sup>

Being one of the main compounds in the *n*-hexane extract of *A. lancea*, **3** was identified as the known sesquiterpene atractylon.<sup>19,20</sup> Spectral data of **4** matched very well those of osthol, a coumarin isolated for the first time from this genus.<sup>21</sup> Compounds **6** and **7** were elucidated as atractylenolides II and III and were compared with authentic samples from *A. macrocephala*.<sup>22</sup> This is the first report of their isolation from *A. lancea* rhizomes.

Compounds 1–7 were tested for inhibitory activity against 5-LOX and COX-1, and the IC<sub>50</sub> values obtained are listed in Table 2. Atractylochromene (1) turned out to be a potent inhibitor on both enzymes [IC<sub>50</sub> (5-LOX) 0.6  $\mu$ M, IC<sub>50</sub> (COX-1) 3.3  $\mu$ M]. Synthetic chromenes have previously been described as orally active 5-LOX inhibitors;<sup>23</sup> however, this is the first report of a naturally occurring chromene having this pharmacological property. Quinone 2, showing an even lower IC<sub>50</sub> value of 0.2 µM against 5-LOX, but less activity on COX-1 (IC<sub>50</sub> 64.3  $\mu$ M), can be regarded as a strong and selective inhibitor of 5-LOX. Atractylon (3) and osthol (4) also turned out to be selective 5-LOX inhibitors, but were found to be about 100 times less potent than 2  $(IC_{50}/5-LOX (3) 25.1 \ \mu M, IC_{50}/5-LOX (4) 36.2 \ \mu M).$ Atractylenolides I (5), II (6), and III (7) showed no remarkable effects against either enzyme, in contrast to earlier literature reports.<sup>9,10</sup>

Many of 5-LOX inhibitors act as antioxidants.<sup>14</sup> For atractylon (**3**), radical-scavenging properties have already been described in connection with its antihepatotoxic activity.<sup>24,25</sup> From its chemical structure (similar to vitamin E), it is probable that atractylochromene (**1**) is an antioxidant as well. As there is a chemical relation between compound **1** and the quinone **2** (when heated strongly on a TLC plate, **2** was partially decomposed to **1**), radical-scavenging activity of **2** might also be a factor.

### Inhibitory Compounds from Atractylodes

Compared to the IC<sub>50</sub> values of **1** and **2** (Table 2), moderate inhibition of 5-LOX (IC<sub>50</sub> > 5  $\mu$ M) by different tocopherol derivatives has been reported previously. Interestingly, this effect was proposed to be due to a strong interaction between the investigated tocopherols and the enzyme, instead of being related to the anti-oxidant function of these compounds.<sup>26</sup>

# **Experimental Section**

General Experimental Procedures. NMR spectra were recorded at 300 MHz (1H) and 75 MHz (13C) on a Varian VXR-300 spectrometer (1, 2, 6) or at 500 MHz (1H) and 125 MHz (13C) on a Bruker DRX 500 (3-5) in CDCl<sub>3</sub>. Chemical shifts are expressed in  $\delta$  values from TMS as internal standard, and coupling constants are given in Hertz. EIMS were recorded at 70 eV using a Finnigan 1020 GC/EIMS instrument; GC/CIMS (atractylochromene, 1) was carried out on an INCOS 50 mass spectrometer (Finnigan) attached to a Varian 3400 GC. UV spectra were obtained on-line by an HP1040M photodiode array detector attached to an HP 1050 liquid chromatograph (Hewlett-Packard). IR spectra were measured with a Perkin-Elmer 297 IR spectrometer. The optical rotation of 1 was obtained with a Perkin-Elmer polarimeter 241 MC (20 °C, absolute EtOH). Column chromatography was carried out on Si gel (230-400 mesh, Merck) and on Sephadex LH-20 (Pharmacia), and MPLC columns were filled with RP-18 Si gel (25-40  $\mu$ m, Merck). After every evaporation step, the residue was flushed with nitrogen.

**Plant Material.** The dried rhizomes of *A. lancea* and *A. macrocephala* were provided by the TCM-Klinik (Hospital for Traditional Chinese Medicine) in Kötzting, Germany, in May and September 1994. Voucher specimens are deposited at the Institute of Pharmaceutical Biology, Düsseldorf, Germany.

5-LOX Assay. The 5-LOX antiinflammatory screening bioassay used was originally developed by Kuhl<sup>27</sup> and later modified by Wagner and Fessler.28 Intact porcine leukocytes ( $1.5 \times 10^7$  cells/mL) were incubated with 17.6 µM Ionophore A 23187 (Boehringer Mannheim), 2 mM CaCl<sub>2</sub>, 10 µM 5,8,11,14-eicosatetraynoic acid (Sigma), 50  $\mu$ L test solution (extract or compound, dissolved in absolute EtOH) or 50  $\mu$ L absolute EtOH (controls), respectively, and 9  $\mu$ M 1-[<sup>14</sup>C]-arachidonic acid (Amersham) for 8 min at 37 °C. After extraction by EtOAc, arachidonic acid and its radiolabeled metabolites were separated and quantified by reversed-phase HPLC using the following instruments and methods: liquid chromatograph HP 1050; Berthold HPLC radioactivity monitor LB 507 B; column LiChroCART 125-4 with LiChrospher 100 RP-18, 5  $\mu$ m (Merck); mobile phase  $[A = H_2O$  with 0.1% (v/v) 10 N phosphoric acid; B = MeCN with 0.1% (v/v) 10 N phosphoric acid]; solvent gradient, 50% B to 90% B linear in 20 min, 90% B isocratic for 6 min; flow 1.0 mL/min.

**Cox-1 Assay.** This assay was performed after the preparation of microsomal COX-1 from sheep seminal vesicles on a microtiter scale,<sup>29</sup> containing an incubation mixture of the microsomal fraction, 1 mM reduced glutathione, 1 mM L-adrenaline-D-hydrogen tartrate, and 0.05 mM Na<sub>2</sub>EDTA in 180  $\mu$ L 0.1 M Tris buffer (pH 8.0). An aliquot (10  $\mu$ L) of test solution (extract/ compound dissolved in absolute EtOH) or control (ab-

solute EtOH) was added and preincubated for 5 min at room temperature. After the reaction was started by adding 10  $\mu$ L of 4.5  $\mu$ M 1-[<sup>14</sup>C]-arachidonic acid (0.05  $\mu$ Ci absolute), the mixture was incubated for 20 min at 37 °C. In this assay, arachidonic acid and PGE<sub>2</sub> could be determined by reversed-phase HPLC directly from the incubation mixture. For instrumentation, columns, and mobile phase, see 5-LOX assay; gradient: 64% B isocratic for 7 min, 64% B to 80% B linear in 1 min, 80% B isocratic for 12 min; flow, 1 mL/min. Inhibition refers to reduction of 5-HETE (5-LOX) and PGE<sub>2</sub> (COX-1) peak areas compared to those of the controls. Results were the means of at least three experiments.  $IC_{50}$ values were determined by regression analysis of the results at three different concentrations of the inhibitor. The maximum observed standard deviation (absolute) was about 20% for the 5-LOX assay and 10% for the COX-1 assay. Positive control measurements were performed with nordihydroguaiaretic acid ( $IC_{50} = 0.5$  $\mu$ M) for 5-LOX inhibition and with indomethacin (IC<sub>50</sub> 1.5  $\mu$ M) for COX-1 inhibition.

Extraction and Isolation. For 5-LOX and COX-1 assay screening, 5 g each of A. lancea or A. macrocephala rhizomes were extracted in a Soxhlet apparatus with *n*-hexane, CH<sub>2</sub>Cl<sub>2</sub> or MeOH for 2 h. Decoctions were prepared with 10 g of crude drug according to the Pharmacopoeia of the People's Republic of China.<sup>30</sup> To isolate compounds 1-4, 6, and 7, the dried rhizomes of A. lancea (570 g) were extracted in a Soxhlet apparatus with *n*-hexane for 150 h. The extract was evaporated to produce an oily mass (46 g). Vacuum-liquid column chromatography (VLCC) with n-hexane, then n-hexane-EtOAc mixtures on Si gel, afforded 10 fractions. Fraction V (n-hexane-EtOAc 8:2, 3 g) was further separated by column chromatography on Si gel with the same eluents. In a fraction obtained with n-hexane-EtOAc (96:4) (17.5 mg), 2 was contained in almost pure state. In two fractions eluted by *n*-hexane-EtOAc (9: 1) (115 and 148 mg), 1 and 6 were obtained in impure form. The first of these fractions was purified once more on Si gel (*n*-hexane, 100%) to give 7.4 mg 2. Purification of 2.7 mg of compound 1 was carried out on RP-18 material using MPLC with MeOH-H<sub>2</sub>O gradients and on Sephadex LH-20 (eluent, MeOH). By the same procedure, 6 was isolated (3.5 mg). Atractylon (3) was detected in fraction III of the first vacuum column (nhexane-EtOAc, 9:1; 18.5 g) and was obtained in a pure state after separation on a second Si gel column, with *n*-hexane and *n*-hexane/toluene (95:5) as eluents (57 mg). A total of 1.3 mg of 4 contained in fraction VII (column 1, *n*-hexane-EtOAc 3:1, 620 mg) was also isolated on Si gel (n-hexane-EtOAc 92:8). Altogether, 47 mg of atractylenolide III (7) crystallized from the same column when eluted by hexane-EtOAc (85:15).

Atractylochromene [2,8-dimethyl-6-hydroxy-2-(4-methyl-3-pentenyl)-2H-chromene] (1): obtained as a yellow oil:  $[\alpha]^{20}_D$  ca.  $-10^\circ$  (*c* 0.071, EtOH); UV (MeCN-H<sub>2</sub>O)  $\lambda_{max}$  220, 231, 265, 275, 333 nm; IR (KBr)  $\nu_{max}$  2920, 1590, 1470, 1320, 860, 720 cm<sup>-1</sup>; <sup>1</sup>H NMR (CDCl<sub>3</sub>, 300 MHz)  $\delta$  6.48 (1H, br d, J = 2.9 Hz, H-7), 6.32 (1H, br d, J = 2.9 Hz, H-5), 6.25 (1H, d, J = 9.8Hz, H-4), 5.58 (1H, d, J = 9.8 Hz, H-3), 5.10 (1H, t sept, J = 7.2, 1.4 Hz, H-3'), 2.14 (3H, s, Me-8); 2.09 (2H, br q, J = 7.2 Hz, H<sub>2</sub>-2'), 1.67 (2H, t, J = 7.2 Hz, H<sub>2</sub>-1'),

1.66 (3H, br s, H<sub>3</sub>-5'), 1.57 (3H, br s, H<sub>3</sub>-6'), 1.36 (3H, s, Me-2); <sup>13</sup>C NMR (CDCl<sub>3</sub>, 75 MHz)  $\delta$  148.5 and 144.9 (C-6 and C-8a), 131.6 (C-4'), 130.8 (C-3), 126.4 (C-8), 124.2 (C-3'), 122.8 (C-4), 121.3 (C-4a), 117.0 (C-7), 110.2 (C-5), 77.8 (C-2), 40.8 (C-1'), 25.8 (CH<sub>3</sub>-2), 25.7 (C-5'), 22.7 (C-2'), 17.6 (C-6'), 15.5  $(CH_3-8)$ ; EIMS  $m/z 258 [M]^+ (22)$ , 243 (7), 215 (2), 175 [M - isoprenyl]<sup>+</sup> (100), 145 (7), 131 (7), 91 (10), 77 (7), 69 (18), 41 (23); CIMS 175 (43), 259 (86), 261 (48), 276 (100), 293 (25).

2-[(2E)-3,7-Dimethyl-2,6-octadienyl]-6-methyl-2,5cyclohexadiene-1,4-dione (2): yellow-brownish oil; UV and IR data found in accordance with literature;<sup>17</sup> <sup>1</sup>H NMR and <sup>13</sup>C NMR data, confirmed by COSY and HETCOR experiments, some reassignments were made compared with literature values:<sup>18</sup><sup>1</sup>H NMR (CDCl<sub>3</sub>, 300 MHz)  $\delta$  6.55 (1H, dq, J = 2.7, 1.6 Hz, H-5), 6.47 (1H, dt, J = 2.7, 1.8 Hz, H-3), 5.15 (1H, t sext, J = 7.3, 1.2 Hz, H-2'), 5.08 (1H, t sept, J = 6.8, 1.4 Hz, H-6'), 3.13 (2H, br d, J = 7.3 Hz, H<sub>2</sub>-1'), 2.08 (1H, m, H-5'), 2.06  $(4H, m, H-4' \text{ and } H_3-7), 1.70 (3H, d, J = 1.0 Hz, H_3-9'),$ 1.62 (3H, br s, H<sub>3</sub>-10'), 1.60 (3H, br s, H<sub>3</sub>-8'); <sup>13</sup>C NMR  $(CDCl_3, 75 \text{ MHz}) \delta$  188.1 and 188.0 (C-1 and C-4), 148.5 and 145.9 (C-2 and C-6), 139.9 (C-3'), 133.2 (C-5), 132.3 (C-3), 131.8 (C-7'), 123.9 (C-6'), 118.0 (C-2'), 39.6 (C-4'), 27.5 (C-1'), 26.4 (C-5'), 25.7 (C-9'), 17.7 (C-8'), 16.1 (C-10'), 16.0 (C-7); EIMS m/z 258 [M]<sup>+</sup> (<1), 243 (2), 215 (10), 175  $[M - isoprenyl]^+$  (29), 69 (60), 41 (100).

Chemical transformation of **2** into **1** was achieved by treating a small amount of 2 on a TLC plate (Merck) with heat (200 °C) and UV light (254 nm) for five minutes each. Then, reference samples of 1 and 2 were applied to the plate. TLC separation was obtained with toluene-EtOAc (93:7), evaluation was done under UV 254 nm. Compound 2 could still be detected in the mixture of products formed under these conditions, as well as a zone at the Rf of 1. To give proof to the identity of this zone, 1 was isolated from it by preparative TLC and injected into the GC/MS.

Atractylon (3): isolated as a colorless oil; UV, IR, <sup>1</sup>H NMR, and <sup>13</sup>C NMR data matched those described in the literature.<sup>19,20</sup>

While Osthol (4) and atractylenolide II (6) were isolated as yellow oils, atractylenolide III (7) was obtained as a crystalline solid. Their identities were confirmed by MS and <sup>1</sup>H NMR data comparison with literature values,<sup>21,22</sup> and by co-TLC and co-HPLC with authentic samples.

Atractylenolide I (5): obtained as a reference sample from A. macrocephala rhizomes.<sup>7</sup>

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